




OCTOBER SNACK MENU



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---------------------------------|---------------------------------|---|-----------------------------------|---|
| Morning Snack | | 1. Bel Vita Bars and Fruit | 2. Yogurt and Blueberries | 3. Bagels with Jelly and Fruit | 4. Cereal with Milk and Fruit |
| Afternoon Snack | | Veggie Straws and String Cheese | Carrots with Ranch and Crackers (1's Cooked Carrots) | Turkey and Cheese Roll-Ups | Pudding and Nilla Wafers |
| Morning Snack | 7. Special K Crisps and Fruit | 8. Toast and Bananas | 9. Strawberry and Maple Syrup Overnight Oats | 10. Mini Pancakes and Fresh Fruit | 11. Cottage Cheese and Peaches |
| Afternoon Snack | Steamed Broccoli and Cheese | Hummus and Pretzels | Salami and Cream Cheese with Crackers | Gogurt and Apples | Graham Crackers and Cookie Butter |
| Morning Snack | 14. Mini Muffins and Fruit | 15. Bel Vita Bars and Fruit | 16. Yogurt and Blueberries | 17. Bagels with Jelly and Fruit | 18. Cereal with Milk and Fruit |
| Afternoon Snack | Sun Butter and Jelly Sandwiches | Veggie Straws and String Cheese | Carrots with Ranch and Crackers (1's Cooked Carrots) | Turkey and Cheese Roll-Ups | Pudding and Nilla Wafers |
| Morning Snack | 21. Special K Crisps and Fruit | 22. Toast and Bananas | 23. Strawberry and Maple Syrup Overnight Oats | 24. Mini Pancakes and Fresh Fruit | 25. CLOSED |
| Afternoon Snack | Steamed Broccoli and Cheese | Hummus and Pretzels | Salami and Cream Cheese with Crackers | Gogurt and Apples |  |
| Morning Snack | 28. Mini Muffins and Fruit | 29. Bel Vita Bars and Fruit | 30. Yogurt and Blueberries | 31. Bagels with Jelly and Fruit | |
| Afternoon Snack | Sun Butter and Jelly Sandwiches | Veggie Straws and String Cheese | Carrots with Ranch and Crackers (1's Cooked Carrots) | Halloween Party Snacks | |
| Whole Milk is provided to children under 2 years old | | | 1% Milk is provided to all children over 2 years old. | | |